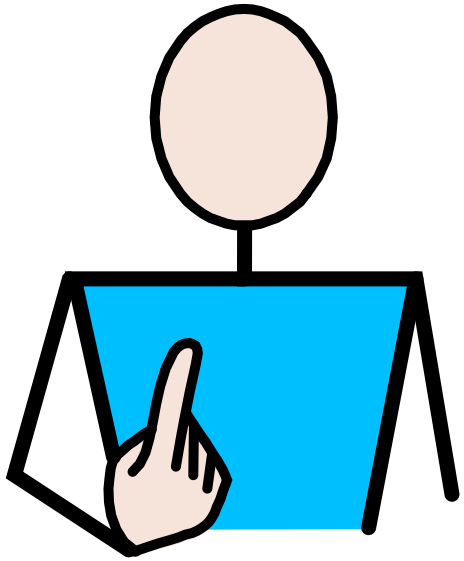
Kingsland School

Long Term Planning

Lower School Autumn Term—Year 1



All About Me

Responsible Citizens | **Confident Individuals** | **Successful Learners**

Communication | **Cognition** | **Community** | **Physical, Personal Health & Wellbeing** | **Life Skills**

English

STORY: traditional tale

NON-FICTION: recount

POETRY: action songs & rhymes

Maths

NUMBER: ongoing focus

MEASUREMENT: measure size & length of self & others; measure time in my life

STATISTICS: gather & present data about self & others

Computing

CONTROLLING MY ENVIRONMENT: use of technology & devices within environment

FINDING THINGS OUT: use of digital devices to make things happen

CREATIVE WORK: having ownership over creative work

Play

Sharing, turn taking, jobs/roles

Negotiating, Friendships, Choices, Emotions

Routines, Following instructions

Self help / motor skills

Celebration of achievements

Safety, Independence

(within PSED SOW)

TOPIC BASED IDEAS: my favourite toys/ games, trying new toys/games

PSED

Knowing myself (to include SRE & online safety)

Belonging (to include British Values)

Natural Sciences

ANIMALS INCLUDING HUMANS:

Identify & name a variety of common animals that are birds, fish, amphibians, reptiles, mammals (including humans) & invertebrates

Use the senses to experience a range of animals through images & video in real life

Music

KODALY SKILLS (use of Jolly Music & adapt songs to suit group/ topic): experience & recognition of beat, rhythm & pitch

TOPIC BASED IDEAS: listen (to my favourite music, sounds in my environment) & compose (my favourite sounds, my voice/body percussion)

PE

AUTUMN 1 SKILLS: Gymnastics

AUTUMN 2 SKILLS: Dance

TOPIC BASED IDEAS: my body & movements—warm up my body; explore & share my favourite kind of dancing; try activities that other people like

Responsible Citizens | **Confident Individuals** | **Successful Learners**

Communication | **Cognition** | **Community** | **Physical, Personal Health & Wellbeing** | **Life Skills**

Individual Programmes

Music Therapy

Scerts programmes

SI programmes

SALT programmes

Hydrotherapy

Physiotherapy

Positive Looking / Positive Eye Programmes

Communication Journeys

Daily Routines

Explanation of this

Physical

Physiotherapy

Hydrotherapy

Group activities e.g. Boccia, dance, multi-skills

Sports competitions

Rebound Therapy

MATP

Outdoor Learning including Forest Schools

Play (indoor & outdoor)

Music

Yamsen Choir & Concerts

Signing Choirs

Performances

Christmas performance

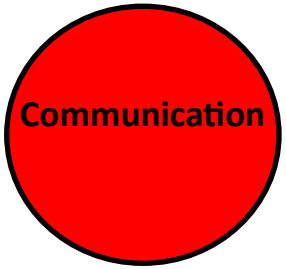
Drumming groups

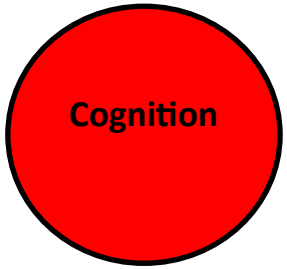
Music Technology groups

Live Music Now!

Theme days/weeks

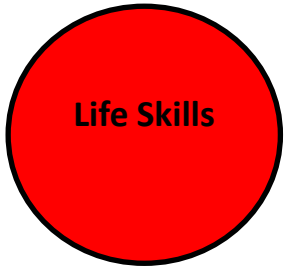
Responsible Citizens | **Confident Individuals** | **Successful Learners**











Science

N/A

Art

COLOUR & LINE: self-portraits—pencil skills & simple line drawing faces; painting (look and record likeness)

3D work: clay work—sculpting/modelling with clay; collage junk modelling faces

COLLAGE & TEXTURE: collage - use magazine and newspapers to create a face

PRINTING & PATTERN: Picasso style portraits

DIGITAL ART: take photographs of myself & my class friends—print in grey scale, colour over in the style of pop art

Design/Food Technology

EXPLORE & MAKE: my favourite foods—learn to tolerate a wider range of colours/textures etc; make my favourite foods & work on basic skills (cutting, slicing, spreading, stirring, washing etc.)

Drama

DRESSING UP: my clothing / dressing for the season (coats, hats, gloves etc.)

Humanities

GEOGRAPHY—ME & MY ENVIRONMENT:

Indoors & outdoors—moving around safely

Making choices in my environment

My life so far—baby/toddler/now

My family

My likes/dislikes—the present time

R.E.

ISLAM: who are Muslims & what do they believe? How & why do we celebrate special and sacred places? What can we learn from sacred books?

Muslims

CELEBRATONS: Christmas