Wakefield's Early Help services for families

What are Early Help services?

Early Help brings together professionals who will work with your whole family to try to improve things for everyone. Early Help can include support with things like parenting, employment, anti-social behaviour and emotional wellbeing.

Early Help services are for the whole family. They are for families who have children and young people up to the age of 19, or up to age 25 if SEND, and who may need additional support because they are worried about:

- their child's health and development
- their child being a carer for someone
- their child's disability or special educational need
- their child's education
- the effect of domestic abuse, drugs, alcohol or mental health on their family
- their child's behaviour or involvement in crime or anti-social behaviour.

Resilience

What are the benefits for my family?

- Helping your family EARLY, before things get worse and more difficult to change, has been shown to be more effective
- You are involved in all parts of the Early Help process and we will listen to you
- Building resilience with your family is important to maintain your family's wellbeing
- Having a team of professionals working with your family ensures you receive the most appropriate help to meet your needs.



Resilience is the capacity to 'bounce back'

How do Early Help services work?

Step 1: How do I get Early Help?

Talk to a professional who knows your family already. This could be someone at school, a health visitor, youth worker, Children First Hub or other support worker you are in contact with.

This person will be able to talk to you about what additional help you may need and help you find the right support.

Step 2: Listening to you

A worker will meet with you to find out what your family concerns may be and how best to help you.

They might just point you to the right services for your family. However, if it is a bit more complicated, they can complete an Early Help assessment. This helps them to understand more about what your family needs and which professionals and services can work together to help and support you and your family.

Sharing information about my family

There may be times when the workers may need to share information to make sure you get the right help and support.

Can I say No?

It is always your choice to work with Early Help services.

You do not have to accept an Early Help service offer.

Support will continue with your family until an agreed time when your family no longer needs Early Help services and you feel resilient enough to find your own solutions with your family.

Wakefield district Children First Hubs and Children's Centres

For further advice and support about Early Help please contact one of the Children First Hubs:

1 **Wakefield West** Children First Hub
City Limits

Jennifer Smith Team Manager
☎ 01924 303272
✉ cfhwakefieldwest@wakefield.gov.uk

Children's Centres:
1 Stanley
2 Sunbeam

2 **Mid Wakefield** Children First Hub
Normanton Town Hall

Helen Challenger Team Manager
☎ 01924 307878
✉ cfhmidwakefield@wakefield.gov.uk

Children's Centres:
3 Butterflies
4 Havercroft
5 Castle

3 **North East** Children First Hub
Airedale Children's Centre

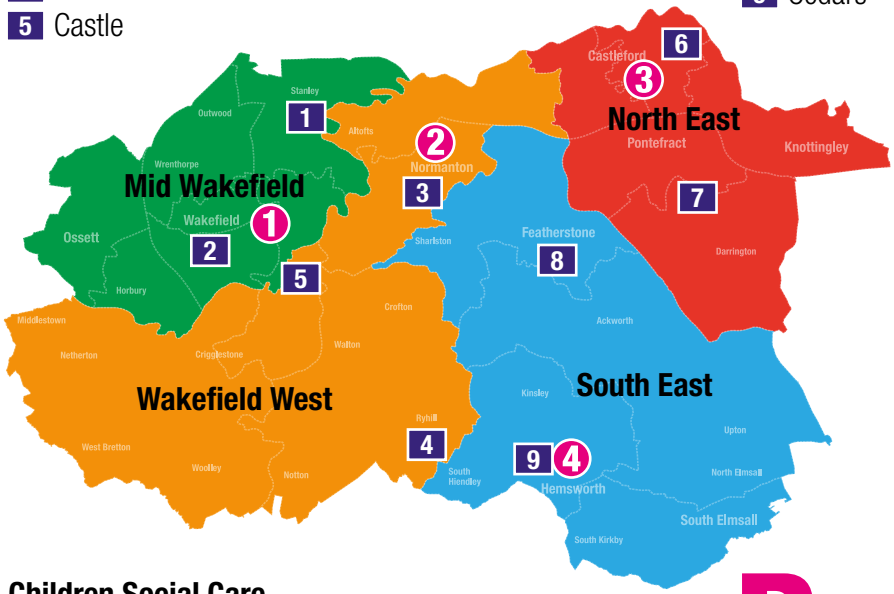
Karen Wilkinson Team Manager
☎ 01977 724350
✉ cfhnortheast@wakefield.gov.uk

Children's Centres:
6 Kendal Drive
7 Pomfret

4 **South East** Children First Hub
Cedars Children's Centre Hemsworth

Dave Taylor Team Manager
☎ 01977 722305
✉ cfhsoutheast@wakefield.gov.uk

Children's Centres:
8 Oakhill
9 Cedars



Children Social Care
for Statutory Social Care referrals
☎ 0345 8 503 503

Resilience

Wakefield's Early Help services for families



205688 Designed and produced by Wakefield Council, Communications 01/19 recycle

wakefieldcouncil working for you