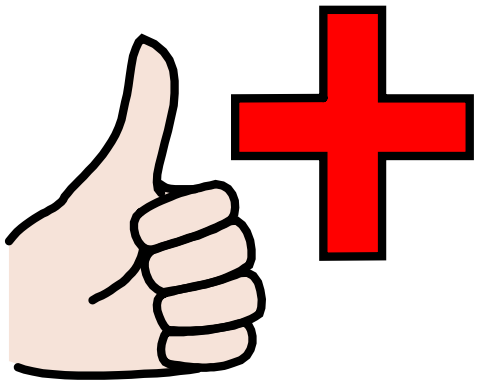
Kingsland School

Long Term Planning

Upper School Autumn Term—Year 1



Healthy Me

Responsible Citizens | **Confident Individuals** | **Successful Learners**

Communication | **Cognition** | **Community** | **Physical, Personal Health and Well Being** | **Life Skills**

English

STORY: Story or Play from Our Literacy Heritage

NON-FICTION: Factual Text & Dictionaries

POETRY: poem by significant author

Maths

NUMBER: ongoing focus

MEASUREMENT: estimate & read time with increasing accuracy using correct vocabulary; sequence events & make plans; handle money and recognise coins & notes

STATISTICS: interpret & construct simple diagrams, charts & tables; use these to solve mathematical questions

Computing

DATA & INFORMATION GATHERING & SHARING: use software to collect, analyse, evaluate & present data

MY OWN WORK: use a range of digital resources & media for different purposes; combine different media

STAYING SAFE ONLINE: forming safe relationships online & knowing which information can safely be shared

Safety

Keeping Myself Safe & SRE

Online Safety & SRE

Road Safety & SRE

NB. These topics can be taught in any order throughout the academic year in response to pupil needs & other curricular areas being covered (see SOW to ensure each area is covered sufficiently)

PSED

Being Active & Being Healthy (to include SRE)

Growing & Changing (to include SRE)

LIFE SKILLS LINKS: visit a fruit stall, buy healthy options/foods from shop, visit play/exercise equipment at park, count steps when walking, increase daily exercise levels, change aspects of lifestyle to make it healthier, create healthy snacks/meals

Natural Sciences

PLANTS:

Identify, name & group/classify a variety of common plants including; garden plants, wild plants, deciduous & evergreen trees

Identify & describe the functions of different parts of flowering plant: roots, stem/trunk, leaves & flowers

Explore the requirements of plants for life & growth (air, light, water, nutrients from soil and room to grow) & how they vary from plant to plant

Music

KODALY SESSION (use of Jolly Music & adapt songs to suit group/ topic): experience & recognition of beat, rhythm & pitch; introduction of hand signs & rhythm names

TOPIC BASED IDEAS: listen (to music with different tempi/best to keep fit to; music for wellbeing / relaxation) & compose (own music to keep fit to)

PE

AUTUMN 1 SKILLS: Gymnastics

AUTUMN 2 SKILLS: Dance

TOPIC BASED IDEAS: warm up & warm down my body after exercise; develop healthy routines & habits, such as walking rather than using transport etc.

Responsible Citizens | **Confident Individuals** | **Successful Learners**

Communication | **Cognition** | **Community** | **Physical, Personal Health and Well Being** | **Life Skills**

Individual Programmes

Music Therapy

Scerts programmes

SI programmes

SALT programmes

Hydrotherapy

Physiotherapy

Positive Looking / Positive Eye Programmes

Communication Journeys

Daily Routines

Explanation of this

Physical

Physiotherapy

Hydrotherapy

Group activities e.g. Boccia, dance, multi-skills

Sports competitions

Rebound Therapy

MATP

Outdoor Learning including Forest Schools

Play (indoor & outdoor)

Music

Yamsen Choir & Concerts

Signing Choirs

Performances

Christmas performance

Drumming groups

Music Technology groups

Live Music Now!

Theme days/weeks

Responsible Citizens | **Confident Individuals** | **Successful Learners**



Science

N/A

Art

COLOUR & LINE: paint a still life of fruit & vegetables

3D WORK: use sponge/papier mache/modroc to sculpt fruit; make a 3D healthy meal

COLLAGE & TEXTURE: make a collage of a healthy plate of food; make a 'colour' collage of fruit

PRINTING & PATTERN: print with fruits & vegetables

Enterprise

Design & make fruit kebabs

Design & make healthy sandwiches/pizzas

Host a 'healthy' party for another class or for visitors/ parents

Design/Food Technology

Design & make healthy snacks / drinks

Write healthy menus

Learn about safe food handling / hygiene practices

(Link to Enterprise)

Drama

Act out stories that promote healthy living, e.g. cooking, sports etc.

Role play / dressing up as sports personalities

Humanities

GEOGRAPHY: explore my environment safely—around school (different areas including play areas etc.); at home; in the local community (crossing roads, putting on my seatbelt, stranger danger etc.)

R.E.

CHRISTIANITY & GOD: what does it mean to be a Christian in Britain today? Why is the bible so important for Christians today? What do different people believe about God? Why do some people think God exists?

Christians

CELEBRATIONS: Christmas